



Cold-Weather Clothing Checklist⁵ for Hiking, Camping and Backpacking



<u>Item</u>	<u>Have it</u>
Long-Sleeved Shirt	
Long Pants	
Sweater	
Long Underwear	
Insulated Parka or coat with hood	
Hiking boots or sturdy shoes ⁶	
Socks ⁷	
Warm Hat	
Mittens	
Rain gear	
Extra Underwear (for longer trips)	

⁵ Original list from *The Boy Scout Handbook*, 11th ed., 1998.

⁶ If you will be crossing streams or creeks, waterproof hiking boots are best.

⁷ The quality of the socks cannot be overstated. Bring extra pairs and change them regularly. The socks wick the moisture away from your feet, but need to be changed.