



UTENSILLESS COOKING:



Orange/Egg Breakfast Cooked in a Orange Rind

1 large orange
2 large eggs
Salt & pepper

Cut orange in half from stem to bottom of orange. Carefully remove fruit, keeping rind intact. Crack 1 egg into each half orange, and season with salt & Pepper. Set orange halves solidly on wood fire exposed to heat. Cook until egg are firm. Eat orange along with eggs. Serves 1.