



Personal Overnight Camping Gear¹¹



Outdoor Essentials

<u>Item</u>	<u>Have it</u>
Pocketknife	
First aid kit	
Extra clothing ¹²	
Rain Gear	
Water bottle (with water)	
Hiking boots or sturdy shoes	
Flashlight	
Trail Food	
Matches and fire starters	
Sun protection	
Map and Compass	

Camping Gear

<u>Item</u>	<u>Have it</u>
Backpack	
Rain Cover for Backpack	
Sleeping Bag	
Sleeping Pad	
Ground Cloth	
Eating Kit <ul style="list-style-type: none"> • Fork • Spoon • Plate/Bowl¹³ 	

¹¹ Original list from *The Boy Scout Handbook*, 11th ed., 1998.

¹² Extra socks are a necessity. The socks wick the moisture away from your feet, but need to be changed.

<ul style="list-style-type: none"> • Cup¹⁴ 	
<p>Cleanup Kit</p> <ul style="list-style-type: none"> • Soap • Toothbrush • Comb/brush • Washcloth • Towel • Toilet Paper¹⁵ 	
<p>Personal Extras</p> <ul style="list-style-type: none"> • Watch • Camera and film • Pencil or pen • Notebook • Sunglasses • Gloves • Swimsuit (weather & water permitting) 	

¹³ Paper plates are not encouraged. However if you use paper plates, a good idea is to place the plate in a plastic Frisbee for support

¹⁴ If you remember to bring nothing else, bring a cup!

¹⁵ Toilet paper should be placed in a ziplock bag to keep dry. Remember that once wet, toilet paper becomes useless forever!